

Pole Vault

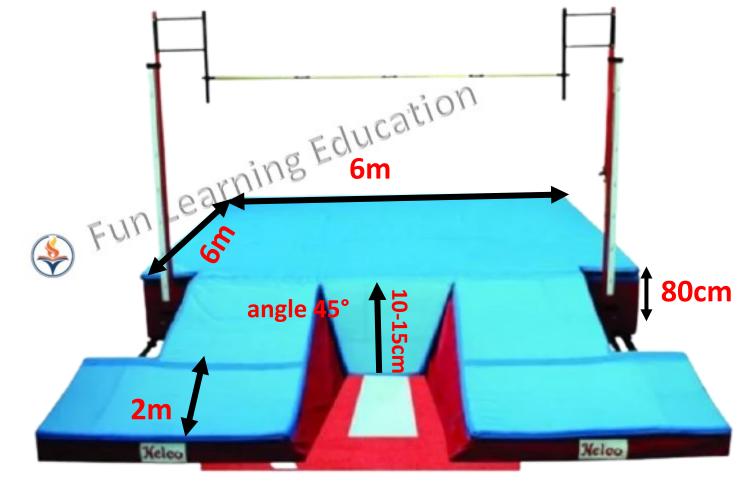


Measurement

Landing Area-

International Competition, the landing area shall be not smaller than 6m long x 6m wide x 0.8m high.

For other competitions, the landing area should measure not less than 5m long x 5m wide x 0.8m high.



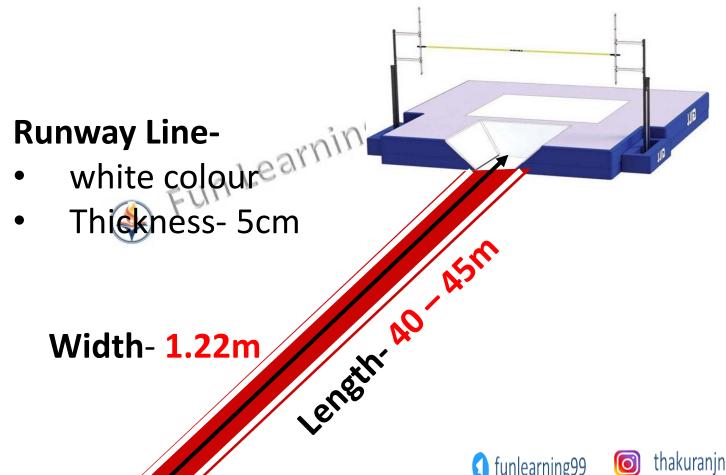




Pole Vault



Runway-









Pole Vault



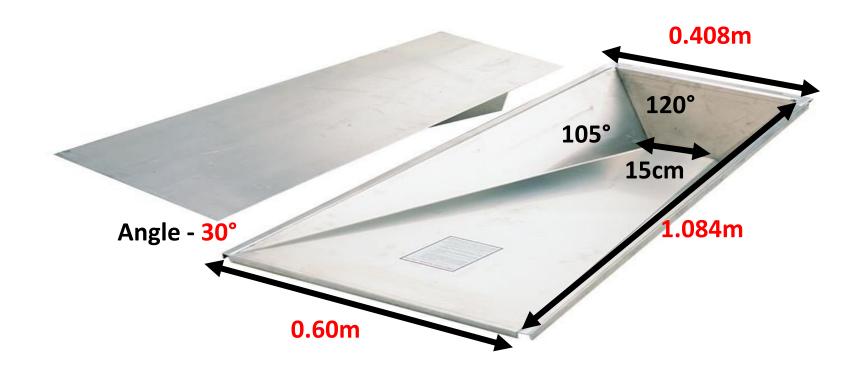
Planting Box-





Pole VaultPlanting Box-

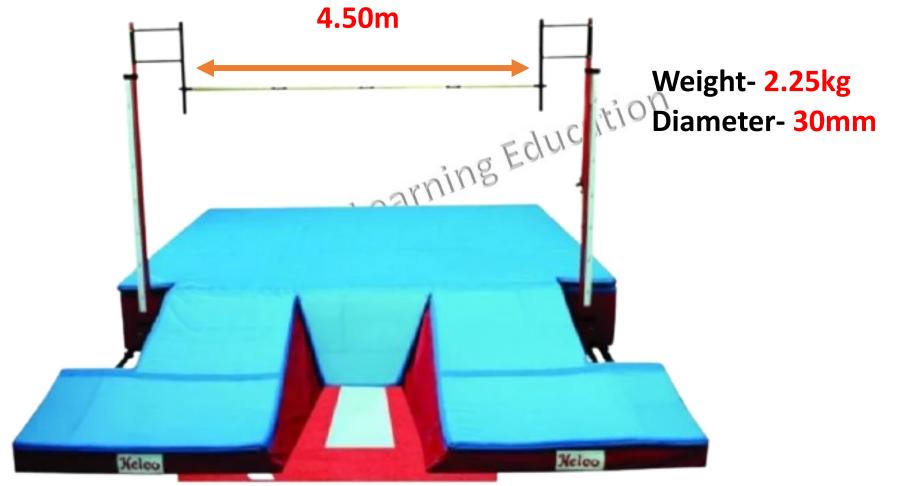
















Vaulting Poles



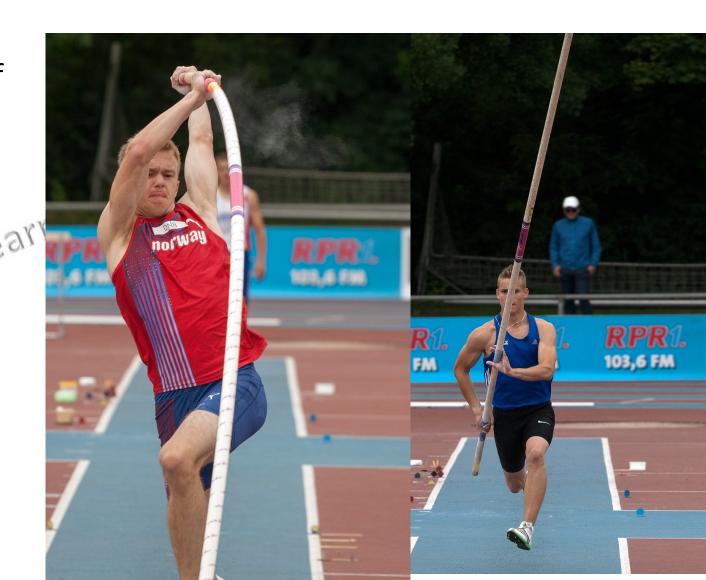
- The pole may be of any material or combination of materials and of any length or diameter, but the basic surface must be smooth.
- The pole may have layers of tape at the grip end to protect the hand and of tape and or any other suitable material at the bottom end to protect the pole.
- Athletes may use their own poles.

















- Jumping height is decided by the chief judge. Before the competition begins, the referee or the chief
- An athlete may commence vaulting at any height previously announce by the Referee or O' may vault at their own discretion at any subsequent height.













Rules of Pole Vault

At any particular height, maximum three trials are allowed.

■ After three consecutive failures in trial, the athlete is automatically removed from the tournament.



 The weight of each competitor, verified by the coach, must be recorded on the scoring form next to their name.













- **Time Limitation-**
- An athlete has to perform within one minutes of calling his name.
- If 3 athlete or less than 3 athlete 2 minutes.

 □ Competition Rules-
 - - Competitors in the pole vault cannot use any weights or artificial aids.
 - Competitors may not wear a shoe(s) which incorporate or gives the competitor an unfair advantage.









Rules of Pole Vault



Competition Rules-

- **No taping** of any part of the hands or fingers is permitted, unless there is an open cut or wound that must be protected by tape.
- Taping of the wrist is permissible.
- Taping of the wrist is permissible.

 Athletes may, during the competition, place a substance on their hands or on the pole, in order to obtain a better grip. The use of gloves is permitted.
- Athletes may use their own poles. no athlete shall use any other athlete's pole without permission.
- The coach must verify the vaulter's weight and pole rating.













Competition Rules-

☐ After the release of the pole, no one including the athlete shall be allowed to touch the pole unless it Education is falling away from the barrier is falling away from the bar or uprights.

Pole Broken-

If in making a trial, an athlete's pole is broken, it shall not be counted as a failure and they shall be awarded a replacement trial













Rules of Pole Vault



- In case there is a tie, following two conditions may be applied to decide the winner-
 - ➤ The athlete with the lowest number of jumps at the height last cleared shall be awarded the higher place.
 - > The player who has fewest misses in the overall tournament is declared as winner. Passed trials do not count as misses.
 - > The jumpers have to face a jump-off if there will be a tie for a first place.
 - > The height will be greater than the previous level. Each player will be given one chance for each clearance.









Fouls in Pole Vault



- ☐ Displaces the crossbar from the pins on which it originally rested, with the body or the pole.
- An athlete fails if any part of his or her body or the pole to touch the ground or the landing pad beyond the vertical plane of the top of the stopboard, without clearing the bar.
- ☐ After clearing the crossbar, contacts an upright and displaces the crossbar.







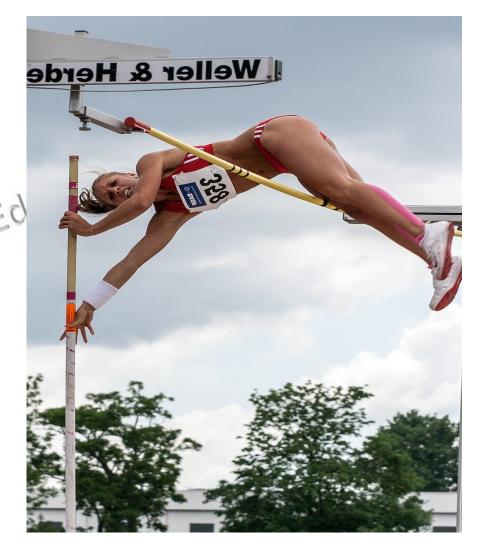




Fouls in Pole Vault



An athlete fails if after leaving the ground, they place their lower hand above the upper one or moves the upper hand higher on the pole.













Officials



□ Chief Judge-

The **Chief Judge** will watch over the whole of the event and verify the measurements.

They must be provided with two flags - white to indicate if the trial is valid and red if it is a failure.

Judge-

Judge-



Two Judges, one on either side, in line with the back of the box, in charge of replacing the crossbar when it falls, and assisting the Chief Judge. They are also responsible for the correct placement of the upright.









Officials



- Recorder A recorder noting the upright positions requested by the athletes, scoring the results sheet and calling the upright position and then each athlete and the one who is to Scoreboard Judge- Judge in charge of the scoreboard.
- Timing Judge- Judge in charge of the clock indicating to the athletes that they have a certain time to take their trial.

Judge in charge of athletes.





